

Social Work with Carers

Learning needs analysis

Look at the learning areas below and reflect on how capable and confident your practice is in each area. Give yourself a score from 1 (very low) to 5 (very high) – make notes in the comments section to summarise why you have given yourself that score.

| Capabilities | 1 | 2 | 3 | 4 | 5 | Comments on learning needs |
|--|---|---|---|---|---|----------------------------|
| Professionalism: I work in an accountable and professional way with carers, and promote excellent practice. | | | | | | |
| Values and Ethics: I work in partnership with carers, transparently and honestly, and promote their voice and involvement in decisions, balancing their needs with others. | | | | | | |
| Diversity and Equality: I recognise carers, respect each carer's individual identity, and promote equity in experience and outcomes of carers. | | | | | | |
| Rights, Justice and economic wellbeing: I promote dignity, empowerment and agency in carers, and support them in challenging inequity and upholding their rights. | | | | | | |

| Capabilities | 1 | 2 | 3 | 4 | 5 | Comments on learning needs |
|---|---|---|---|---|---|----------------------------|
| Knowledge: I draw on law, theory and evidence to promote carers' wellbeing, and keep central the expertise and lived experience of carers. | | | | | | |
| Critical Reflection: I critically reflect to develop my practice with carers, manage the impact of practice on me and navigate dilemmas. | | | | | | |
| Intervention and Skills: I build relationships with, empower and actively co-produce with carers, so they can exercise choice and control, and promote their wellbeing. | | | | | | |
| Contexts and Organisations: I work with carers in ways that take account of contexts and systems, and the people, places and things that matter to them. | | | | | | |
| Professional Leadership: I advance excellent social work with carers and promote the role of social workers in enhancing carers' rights and wellbeing. | | | | | | |